



OTAGO ASSOCIATION  
FOR GIFTED CHILDREN

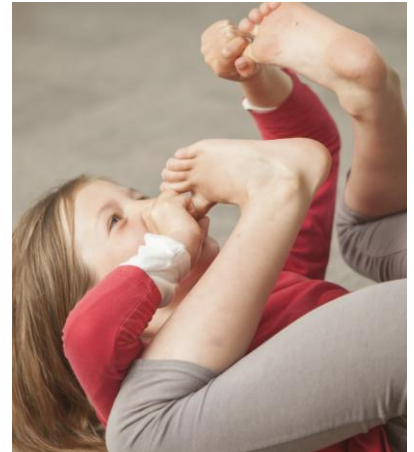
Invites you to its next forum

## Catherine Spencer

### *Feldenkrais* for Gifted Children

Catherine will be talking about the practice and principles of the Feldenkrais® Method and its application for children with a range of differing needs and abilities. The Feldenkrais Method is an educational tool for learning through movement and was developed by Moshe Feldenkrais: "What I'm after isn't flexible bodies, but flexible brains . . ." Using movement, which is concrete and engaging our brain in the how, we can change our habits and find easier ways of carrying out everyday activities and of being in the world.

"We don't teach our babies and children anything, but provide an environment, whereby they do the learning themselves. Feldenkrais offers a way to switch on that learning in areas that may be missing from the student's awareness."



**Wednesday 19<sup>th</sup> November 2014**

**Brian Arnold Room**

**Community House, Moray Place, Dunedin**

**7.30pm (doors open 7.15pm)**

**Cost: OAGC Members FREE Non-members: gold coin**

Refreshments and snacks will be available after the talk for those who wish to stay behind to chat more with others.

[www.otagogifted.org.nz](http://www.otagogifted.org.nz)

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